

Guest Editors



Cynthia Payne, MS, RD, CDE, FADA, has been an innovator for most of her professional life. Currently employed as a diabetes educator with Innovex Health Management Systems, she was previously a senior nutritionist at the Joslin Diabetes Center affiliate and a clinical instructor in medicine and complementary medicine at the University of Maryland, Baltimore. She was also the first nutritionist at the Greenbrier Clinic and Greenbrier Resort Hotel & Spa in White Sulphur Springs, W.V.

Her research interests include micronutrients and the efficacy of mind-body therapies in diabetes care. Ms. Payne has written for *Topics in Clinical Nutrition* and has been a guest editor for *On the Cutting Edge*, a publication of the American Dietetic Association's Diabetes Care and Education Practice Group. She has been a technical reviewer for a variety of American Diabetes Association nutrition publications and a speaker at national and regional scientific sessions and seminars.



Belinda S. O'Connell, MS, RD, LD, is a diabetes nutrition specialist for the International Diabetes Center in Minneapolis, Minn., and a freelance science writer. She did her graduate work in mineral metabolism and has worked in a variety of clinical and research settings. She has served as editor of *On the Cutting Edge*, a publication of the American Dietetic Association's Diabetes Care and Education Practice Group, and has presented and written several reviews of the use of vitamin, mineral, and botanical supplements in diabetes management.

Diana W. Guthrie, PhD, FAAN, CDE, was the associate editor in charge of coordinating this From Research to Practice section.