Diabetes Management Before and During Pregnancy

FROM RESEARCH TO PRACTICE

79 Preface
Kimberly K. Trout, Guest Editor

82 Carbohydrate Content in the GDM Diet:
Two Views
  • View 1: Nutrition Therapy in Gestational Diabetes:
The Case for Complex Carbohydrates
    Teri L. Hernandez
  • View 2: Low-Carbohydrate Diets Should Remain
    the Initial Therapy for Gestational Diabetes
    Wadia R. Mulla

92 Insulin Use in Pregnancy: An Update
Alyson K. Blum

98 Oral Medications for Diabetes in Pregnancy:
Use in a Rural Population
Shelley Jayne Thorkelson and Kristi R. Anderson

101 The Challenges of Providing Diabetes
Education in Resource-Limited Settings to
Women With Diabetes in Pregnancy: Perspectives
of an Educator
Virginia J. Goldschmidt and Betty Colletta

105 Implementation of Preconception Care
for Women With Diabetes
Irma Yehuda

FEATURE ARTICLE

71 Macronutrient Composition or Social
Determinants? Impact on Infant Outcomes With
Gestational Diabetes Mellitus
Kimberly K. Trout, Carol J. Homko, Lisa Wetzel-Effinger,
Wadia Mulla, Ricardo Mora, Joanna McGrath, Lisa Basel-
Brown, Angelina Arcamone, Parichehr Sami, and Kepher H.
Makambi

DEPARTMENTS

67 Editorial: Prandial Insulin Dosing: How Long Does
It Take to Go 80 Miles?
Paul Mystkowski and Joshua J. Neumiller

115 Care Innovations: Evaluation of an Education
Intervention in Hispanic Women at Risk for Gestational
Diabetes Mellitus
Laura Hieronymus, Liz Combs, Elizabeth Coleman,
Kristin Ashford, and Amanda Wiggins

121 Pharmacy and Therapeutics: Augmenting
Telemonitoring Interventions by Targeting Patient
Needs in a Primarily Hispanic Underserved Population
Laura Shane-McWhorter, Carrie McAdam-Marx, Leslie
Lenert, Marta Petersen, Sarah Woolsey, Jeffrey M. Coursey,
Thomas C. Whittaker, Christian Hyer, Deb LaMarche,
Patricia Carroll, and Libbey Chuy