

Editor-in-Chief Joshua J. Neumiller, PharmD, CDE, FASCP

Diabetes Spectrum is committed to assisting health care professionals in developing strategies to individualize treatment and enhance diabetes self-management education to optimize patient outcomes. It presents comprehensive, peer-reviewed original research and review articles on topics in diabetes prevention and medical management, care innovations, professional and patient education, medical nutrition therapy, behavioral science and counseling, pharmacy and therapeutics, and advocacy. The journal's From Research to Practice section provides in-depth explorations of selected diabetes care topics, with a primary focus on translating current research findings into practical clinical applications.

Diabetes Spectrum (Print ISSN 1040-9165; Online ISSN 1944-7353) is published every February, May, August, and November by the American Diabetes Association, Inc., 2451 Crystal Drive, Suite 900, Arlington, VA 22202. ©American Diabetes Association®, Inc., 2018. All rights reserved under the International and Pan-American Copyright Convention. This publication may not be reproduced in whole or in part without written permission of the American Diabetes Association®, Inc.

Periodical postage paid at Arlington, VA, and additional mailing offices. For subscription information, call toll free (800) 232-3472, 8:30 a.m. to 5:00 p.m. EST, Monday through Friday. Outside the U.S., call (703) 549-1500.

Claims for missing issues must be made within 6 months of publication. The publisher expects to supply missing issues free of charge only when losses have been sustained in transit and when the reserve stock permits.

POSTMASTER: Send change of address to *Diabetes Spectrum* COA, 2451 Crystal Drive, Suite 900, Arlington, VA 22202.

Opinions expressed in signed articles are those of the authors and are not necessarily endorsed by the American Diabetes Association.

Printed in the USA.

Associate Editors

Sandra Drozd Burke, PhD, ANP-BC, CDE, FADE
Andrea Vegh Dunn, RD, LD, CDE
Janine Freeman, RD, LD, CDE
Laura B. Hieronymus, DNP, MSEd, RN, MLDE, BC-ADM, CDE, FADE
Carol J. Homko, RN, PhD, CDE
Lindy Swain, PharmD
Curtis L. Triplitt, PharmD, CDE
Jeffrey J. VanWormer, PhD

Editorial Board

Joni Beck, PharmD, BC-ADM, CDE
Alyson K. Blum, PharmD
Catherine Brown, MS, RD, CDE
Maureen E. Chomko, RD, CDE
Fran Cogen, MD, CDE
Hope Feldman, CRNP, FNP-BC
Cheyenne Newsome, PharmD, PhC, BCACP
Jeremy Pomeroy, PhD
Neesha Ramchandani, PNP, CDE
Jennifer Trujillo, PharmD, FCCP, BCPS, CDE, BC-ADM

Advertising

American Diabetes Association
Paul Nalbandian
Associate Publisher,
Advertising & Sponsorships
pnalbandian@diabetes.org
(703) 253-4806

Tina Auletta
Senior Account Executive
tauletta@diabetes.org
(703) 253-4809

Pharmaceutical Digital
The Walchli Tauber Group
Maura Paoletti
National Sales Manager
Maura.Paoletti@wt-group.com
(443) 512-8899, Ext. 110

American Diabetes Association Staff

Associate Publisher, Scholarly Journals
Christian S. Kohler

Director, Scholarly Journals
Heather Norton Blackburn

Manager, Periodicals Production
Keang Hok

Managing Editor
Debbie Kendall

Peer Review Manager
Joan Garrett

Senior Advertising Manager
Julie DeVoss Graff

Director, Membership/Subscription Services
Donald Crowl

Senior Manager, Billing & Collections
Josh Flores

American Diabetes Association Officers

Chair of the Board
Karen Talmadge, PhD

President, Health Care & Education
Felicia Hill-Briggs, PhD, ABPP

President, Medicine & Science
Jane Reusch, MD

Secretary/Treasurer
Michael Ching, CPA

Chair of the Board-Elect
David J. Herrick, MBA

President-Elect, Health Care & Education
Gretchen Youssef, MS, RD, CDE

President-Elect, Medicine & Science
Louis Philipson, MD

Secretary/Treasurer-Elect
Brian Bertha, JD, MBA

Chief Scientific, Medical & Mission Officer
William T. Cefalu, MD

Chief Executive Officer
Tracey D. Brown, MBA, BChE



CONNECT WITH US
facebook.com/adajournals
twitter.com/ada_journals