Editor’s Note
4 A Sincere Thank You to the Reviewers of *Diabetes Spectrum*

From Research to Practice
5 Improving Outcomes of People With Diabetes Through Overcoming Therapeutic Inertia
*Guest Editor Kamlesh Khunti and Editor-in-Chief Curtis L. Triplitt*

8 Overview of Therapeutic Inertia in Diabetes: Prevalence, Causes, and Consequences
*Susan L. Karam, Jared Dendy, Shruti Polu, and Lawrence Blonde*

16 Why Are We Stuck? Therapeutic Inertia in Diabetes Education
*Carla Cox and Diana Isaacs*

22 Therapeutic Inertia in Pediatric Diabetes: Challenges to and Strategies for Overcoming Acceptance of the Status Quo
*Sara D. Corathers and Daniel J. DeSalvo*

31 Diabetes, Therapeutic Inertia, and Patients’ Medication Experience
*Andrew S. Bzowyckyj and John E. Begert*

38 A Behavioral Perspective of Therapeutic Inertia: A Look at the Transition to Insulin Therapy
*Susan J. Guzman*

44 Therapeutic Inertia in People With Type 2 Diabetes in Primary Care: A Challenge That Just Won’t Go Away
*Nemin Adam Zhu and Stewart B. Harris*

50 Therapeutic Inertia: Still a Long Way to Go That Cannot Be Postponed
*Manel Mata-Cases, Josep Franch-Nadal, Mònica Gratacós, and Didac Mauricio*

Feature Articles
58 Oral Health Status of Hospitalized Patients With Type 2 Diabetes
*Lisa E. Simon, Deepti Shroff Karhade, and Matthew L. Tobey*

66 Secular Trends in Information Communications Technology: Access, Use, and Attitudes of Young and Older Patients With Diabetes
*Timothy L. Middleton, Maria I. Constantino, Lynda Molyneaux, Turki AlMogbel, Margaret McGill, Dennis K. Yue, Stephen M. Twigg, Ted Wu, and Jencia Wong*

74 Impact of a Multidisciplinary, Endocrinologist-Led Shared Medical Appointment Model on Diabetes-Related Outcomes in an Underserved Population
*Valerie S. Ganetsky, Judith A. Long, Nandita Mitra, Krista H. Chaiyachati, and Steven T. Kaufman*

2019 ADA Health Care & Education Presidential Address
82 It’s All About Access!
*Gretchen A. Youssef*

2019 ADA Outstanding Educator in Diabetes Award Lecture
89 The Most Important Thing We Give to People Is Hope: Overcoming Stigma in Diabetes and Obesity
*Virginia Valentine*

2019 ADA Richard R. Rubin Award Lecture
95 #DiabetesPsychologyMatters
*Frank J. Snoek*

Care Innovations
99 Development and Implementation of the Readiness Assessment of Emerging Adults With Type 1 Diabetes Diagnosed in Youth (READY) Tool
*Sara D. Corathers, Joyce P. Yi-Frazier, Jessica C. Kichler, Lisa K. Gilliam, Gail Watts, Andrea Houchen, and Sarah Beal*

Lifestyle and Behavior
104 Increased Cardiovascular Response to a 6-Minute Walk Test in People With Type 2 Diabetes
*Jonathon W. Senefeld, Sarah E. D’Astice, Alison R. Harmer, and Sandra K. Hunter*