

Diabetes Spectrum

www.diabetes.org/diabetesspectrum

Fall 2020

VOLUME 33 | NUMBER 4

EDITOR-IN-CHIEF Curtis L. Triplitt, PharmD, CDCES

Diabetes Spectrum is committed to assisting health care professionals in developing strategies to individualize treatment and enhance diabetes self-management education to optimize patient outcomes. It presents comprehensive, peer-reviewed original research and review articles on topics in diabetes prevention and medical management, care innovations, professional and patient education, medical nutrition therapy, behavioral science and counseling, pharmacy and therapeutics, and advocacy. The journal's From Research to Practice section provides in-depth explorations of selected diabetes care topics, with a primary focus on translating current research findings into practical clinical applications.

Diabetes Spectrum (Print ISSN 1040-9165; Online ISSN 1944-7353) is published every February, May, August, and November by the American Diabetes Association, Inc., 2451 Crystal Drive, Suite 900, Arlington, VA 22202. ©American Diabetes Association®, Inc., 2020. All rights reserved under the International and Pan-American Copyright Convention. This publication may not be reproduced in whole or in part without written permission of the American Diabetes Association®, Inc.

Periodical postage paid at Arlington, VA, and additional mailing offices. For subscription information, call toll-free (800) 232-3472, 8:30 a.m. to 5:00 p.m. EST, Monday through Friday. Outside the U.S., call (703) 549-1500, ext. 2343.

Claims for missing issues must be made within 6 months of publication. The publisher expects to supply missing issues free of charge only when losses have been sustained in transit and when the reserve stock permits.

POSTMASTER: Send change of address to *Diabetes Spectrum* COA, 2451 Crystal Drive, Suite 900, Arlington, VA 22202.

Opinions expressed in signed articles are those of the authors and are not necessarily endorsed by the American Diabetes Association.

Printed in the USA.



ASSOCIATE EDITORS

Jane K. Dickinson, RN, PhD, CDCES
Andrea V. Dunn, RD, LD, CDCES
Laura Hieronymus, DNP, MSEd, RN, MLDE, BC-ADM, CDCES, FADCES
Joshua Neumiller, PharmD, CDCES
Susana R. Patton, PhD, CDCES
Katia Cristina Portero McLellan, PhD, RDN
Jane Jeffrie Seley, DNP, MSN, MPH, GNP, RN, BC-ADM, CDCES, CDTC, FADCES, FAAN
Carolina Solis-Herrera, MD
Jennifer M. Trujillo, PharmD, FCCP, BCPS, CDCES, BC-ADM

EDITORIAL BOARD

Anastasia Albanese-O'Neill, PhD, APRN, CDCES
Veronica Joyce Brady, PhD, RN, FNP-BC, BC-ADM, CDCES
Nicole M. Bereolos, PhD, MPH, MSCP, CDCES
Erica F. Crannage, PharmD, BCPS, BCACP
Amy Hess-Fischl, MS, RDN, LDN, BC-ADM, CDCES
Meghan Jardine, MS, MBA, RDN, LD, CDCES
Cheyenne Newsome, PharmD, PhC, BCACP
Jeremy Pomeroy, PhD
Elizabeth Quintana, EdD, RD, LD, CDCES
Clipper F. Young, PharmD, MPH, CDCES, BC-ADM

ADVERTISING

American Diabetes Association
Paul Nalbandian
Associate Publisher,
Advertising & Sponsorships
pnalbandian@diabetes.org
(703) 253-4806

Pharmaceutical/Device Digital Advertising
eHealthcare Solutions
R.J. Lewis
President & CEO
rlewis@ehsmaail.com
(609) 882-8887, ext. 101

AMERICAN DIABETES ASSOCIATION STAFF

Associate Publisher, Scholarly Journals
Christian S. Kohler
Director, Scholarly Journals
Heather Norton Blackburn
Associate Director, Scholarly Journals
Keang Hok
Managing Editor
Debbie Kendall
Peer Review Manager
Joan Garrett
Production Coordinator
Saleha Malik
Proofreader
Wendy Martin-Shuma
Senior Advertising Manager
Julie DeVoss Graff
Director, Membership/Subscription Services
Donald Crowl
Senior Manager, Billing & Collections
Josh Flores

AMERICAN DIABETES ASSOCIATION OFFICERS

Chair of the Board
Umesh Verma
President, Medicine & Science
Robert H. Eckel, MD
President, Health Care & Education
Mary de Groot, PhD
Secretary/Treasurer
Martha Parry Clark, MBA
Chair of the Board-Elect
John Schlosser
President-Elect, Health Care & Education
Cynthia Muñoz, PhD, MPH
Secretary/Treasurer-Elect
Christopher Ralston, JD
Chief Scientific & Medical Officer
Robert A. Gabbay, MD, PhD
Chief Executive Officer
Tracey D. Brown, MBA, BChE



CONNECT WITH US

facebook.com/adajournals

twitter.com/ada_journals